

The Benefit of Anxiety

From the album *Actors In A Play* (2006)

I remember now the things we had when we were one,
the life I had during that year.
You called experience!
The memories at your place, and those Sundays in the woods.
Emotional security I was looking for.



I became aware of the bell-glass formed around myself.
I was able to communicate but not able to embrace.
And I wished I could escape from dreams I was living in.
But right before I realised, another caught your eye.
A scythe divides the two of us.
I'm all alone again.
A clear bright voice within me screams:
"Nothing will remain the same!"

For the meaning of my life...
...I crawl up, to get back on my way!

When going through deep despair
in the desolate still of night.
With no-one to turn to in my grief.
No pack of tarot cards
will show the way I must go.
I am about to rely on myself.

For the meaning of my life...
...I crawl up, to get back on my way!

Facing the precious gift,
I received here on earth,
gave me the energy to go on!
No-one will interfere
When I cherish love for my life.
Life loves me more than you've ever loved me!

For the meaning of my life...
...I crawl up, to get back on my way!